



First Aid For Primary Schools 
Inline with the current PSHE curriculum





Designed for Reception and Year 1



A fantastic session helping children to understand what may happen should they fall ill or become injured. Dinky Medics introduces children to some of the medical equipment they may see when around medical professionals, allowing them time to explore and play in a safe and fun environment.

A typical session will cover:

- What happens when we get hurt/poorly
- Who can help us (teachers, doctors, nurses etc)
- What are germs
- Stethoscopes
- Oximeters
- Temperatures
- Fun with bandages



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at: wowworldgroup.com

JUNIOR MEDIC



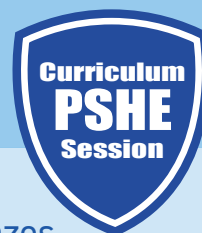
First aid sessions for Years 2 - 6

Learning basic life saving skills can make a huge difference in those first few minutes of an emergency.

This Junior Medic session has been designed to fit perfectly within the new 2020 curriculum for PSHE.

Session: **Basic First Aid**

Years: 2 - 6 (1 Hour)



- What is first aid
- Staying safe and spotting hazards
- Calling 999
- What goes in a first aid kit
- How to treat a burn
- How to deal with cuts and grazes
- Bandaging
- How to deal with head injuries

Session: **Resuscitation**

Years: 3-6 (1 Hour)

- Staying safe and spotting hazards
- Calling 999
- Dealing with an unconscious casualty
- CPR
- Recovery Position
- Choking Sequence

Session: **How to use a Defibrillator**

Years: 5-6 (30 minutes)

- Introduction to defibrillators
- Why do we use a defibrillator
- How to use a defibrillator
- Practical session on using a defibrillator

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Decide on how you would like to train

You can pick and mix the sessions across the year groups.
Below are some of our most popular options.

Option 1 - Whole school training of all sessions.

(Dinky Medic, Basic First Aid, Resuscitation, Defibrillation)

Starting in reception children will attend a first aid session every other year.
They will never repeat a session and leave primary school having learnt a range of basic lifesaving skills.

Year group	Rolling Yearly Rota
Reception	Dinky Medic
Year 1	-
Year 2	Basic First Aid
Year 3	-
Year 4	Resuscitation
Year 5	-
Year 6	Defibrillation

Option 2 - One year group annually

You may choose to focus on the PSHE session "Basic First Aid" and teach the same year group each year.

Example (pick a year group that suits your schools PSHE programme and timetable).

Year group	Repeated Yearly
Reception	-
Year 1	-
Year 2	-
Year 3	Basic First Aid
Year 4	-
Year 5	-
Year 6	-

Many schools also choose to add our popular 'resuscitation' session for all children completing the basic first aid training.

The choice is yours and if you need to chat things through with our schools training expert please contact us on 07983853448.